

the Exclusive

campus newsletter
Keiser University: Port Saint Lucie


**Contributions made by
Apr. 19, 2016 @ 12:00 pm
will be considered for the May 2016 issue.***

Submissions made earlier than the above date
will have priority placement once approved!

Send your contribution to:

SHager@KeiserUniversity.edu

*Regardless of when an article/blurb is submitted: No guarantee of inclusion is made or implied for any entry. All approved content is edited for grammar, spelling and space &/or holding for a future issue at the University's discretion.

 = Student Author

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the Exclusive runs on a "first submitted, first considered" basis.

Editor Samantha Hager
Proofreader Dawn Taggblom

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40-Yard Dash

Submitted By Kerry O'Donoghue MS, ATC, Sports Medicine & Fitness Technology / Exercise Science Instructor and her students



On Tuesday, March 08, I had my sports medicine students participate in this 40-Yard Dash event because I thought they would enjoy being part of a cause to raise awareness for St. Jude's Hospital. The event is not raising money for a specific cause or illness, simply for awareness for the Hospital in general. (More on the Run: <http://www.nfl.com/runrichrun>.)



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Michael Bonilla: "Participating in the 40-Yard Dash Challenge was a great honor. I believe to perform any physical activity for an organization like St. Jude, is rewarding in itself. Awareness to St. Jude hospital and also to promote getting up and exercising, should be a worldwide cause in my opinion. I look forward to the next challenge."

Kyle Mistretta: "I was honored to do the 40- Yard Dash to spread awareness to St. Jude's Hospital. My classmates and I think it is a great organization with a great cause, and they change lives every day."

Jennifer Newcomb: "Keiser University was honored to raise awareness in the 40-Yard Dash! The work of St. Jude is immeasurable and we were privileged to help in any way that we can."

FACTS about St. Jude

- Thanks to research and treatments developed by St. Jude, the **survival rate** for acute lymphoblastic leukemia has **increased** from **4 percent to 94 percent** since 1962.
- St. Jude **research findings** are freely **shared** with the **global medical community**.
- In addition to **childhood cancers**, St. Jude researchers and doctors are treating children with **genetic immune defects** and **pediatric AIDS**, as well as using **new drugs and therapies** to fight infections.
- St. Jude is the only pediatric cancer research center where **no child is ever denied treatment** because of the family's inability to pay.

You Got This!

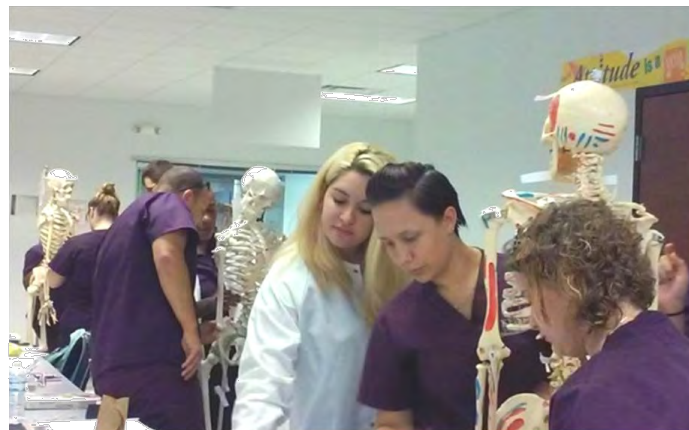
ANY student, instructor, or staff member can contribute to *the Exclusive*. Be inspired and contribute to the content of *the Exclusive* today!

👤 **Contribute once, or as often as you'd like!**

For ANY Exclusive Issue

- 📄 What's a challenge you need/want to overcome?
- 📄 Leadership: What is it to you? How do you exhibit leadership skills?
- 📄 Describe an experience that forever changed your life and your outlook on life.
- 📄 Any idea/topic you think is "shareable" — we'll review it.

How to Contribute: Contact Samantha for the easy guidelines. SHager@KeiserUniversity.edu



Major Bones

Lisa Stivers, Medical Assisting Program Coordinator

Medical Assisting (MA) students at the Port St. Lucie Campus study the Skeletal System. The MA students collaborate to learn the major bones of the skeleton during their Anatomy and Physiology Class.



LifeBuilders

Eric Kohrhamer,
Community Resource Coordinator, LifeBuilders of the
Treasure Coast, Inc.

LifeBuilders of the Treasure Coast is a small non-profit organization founded by Public Defender Diamond Litty and a group of concerned community leaders. LifeBuilders was created to assist low income individuals who have been involved with the 19th Circuit Judicial system in Indian River, Martin, St. Lucie and Okeechobee Counties. Our goal is to remove the stumbling blocks that this population often encounters, so that they may be successful.

In our lives, we have all wished for at least one “do-over,” a chance to make better decisions, take a different path, or reinvent ourselves for the better. LifeBuilders of the Treasure



Public Defender Diamond Litty

Coast, Inc., is all about giving individuals who really want to put the effort into making a positive change in their lives the opportunity and resources to do just that. It’s a win-win situation for the community too, because LifeBuilders reduces recidivism, increases public safety, enhances the criminal justice system, and truly saves lives that would otherwise have been lost.



LifeBuilders at a Golf Tournament event

By giving support to the people in our community who need it the most, we are able to stop the revolving door of the jail and help create stronger families. Through grants, donations and community

support, LifeBuilders is hoping to achieve financial autonomy to ensure that the achievements realized in the past, and those happening now, will continue to be made for a long time into the future. We truly believe in this program and have positive proof that it works. The board of LifeBuilders hopes, after learning more about the people we support and positive results we have achieved, you’ll believe in LifeBuilders of the Treasure Coast, Inc., as strongly as we do.

For more information about LifeBuilders, including volunteer opportunities, please visit our website at www.LifeBuildersTC.com. And don’t forget to like us on Facebook!

2016 Scheduled Charities

KUPSL plans to help the following charities this year. You can help by either participating in the scheduled Spirit Day (see posters in lobby or classrooms for dates and details) and/or giving a cash donation to Mr. Hooker or Ms. Samantha in the days *before* Spirit Day. If you want to suggest a favorite LOCAL charity for future consideration, don’t hesitate to fill out a form today: <http://bit.ly/CharitySuggestion> (case sensitive).

APRIL

Life Builders (assists those in the criminal justice system towards success in society)

MAY

The Butterfly Project (supports & assists girls/women rescued or at risk from sex trafficking)

JUNE

Vietnam Veterans of America #566 (assists & supports all veterans)

JULY

Fort Pierce Police Athletic League (PAL) (helps local youth to develop various life skills through academics and athletics)

AUGUST

Mustard Seed (helps those in need using: food pantry, clothing, medical items, utility assistance, etc.)

SEPTEMBER

Boys and Girls Club (helps local youth to reach their full potential as productive, caring, responsible citizens)

OCTOBER

Cystic Fibrosis Foundation [CFF] (Keiser-wide assistance for CFF to raise money to combat cystic fibrosis.)

NOVEMBER

Treasure Coast Food Bank

DECEMBER

Operation CatSnip (improves the lives of unwanted cats by Trapping, Neutering and Returning [TNR] them to their home colony. They also offer cat/kitten adoption at a reasonable fee.)

State Board Exam Review

Carole Riffard, Massage Therapy Program Coordinator



Keiser University at Port St, Lucie is now the official location for the **Treasure Coast Massage Envy State Board Review!** On March 10 and 11, Eston Dunn, the district manager for *over 40 Massage Envy locations*, and member of our Massage Therapy Academic Advisory Board, gave a 16-hour review course to prepare aspiring massage therapists to pass the State Board Exam and receive their Massage License. Keiser will be hosting this Review quarterly. 18 therapists attended both days and half of the attendees were from three other massage schools in the area. This was a good way to introduce them to all of our programs at Keiser in case they want to branch out in the future.



VETERANS: The New SVA

Dewan Persaud, MCSE
Program Coordinator Information Technology

(Reprint from the March 2016 Issue):
VETERANS! VETERANS! VETERANS! Army, Navy, Marines, Air Force – Our campus has a **NEW Student Veterans of America (SVA) Advisor** for the PSL Campus.



His name is **Dewan Persaud**; most of us know him as *Mr. Persaud* who is a former US Air Force Staff Sergeant and current KUPSL faculty member. He would like to meet and greet every veteran on Campus. The main objective of the SVA is Student Veteran success. The SVA is non-profit so 100% of any fundraising activities goes back to SVA members. One important benefit as an SVA member is being recognized at graduation with your specially designed SVA Stole as part of your graduation attire. Look for an upcoming poster in your classrooms with additional information on when and where we meet. We are proud to serve; let's reconnect and have some fun.

Contact Mr. Persaud at DPersaud@KeiserUniversity.edu



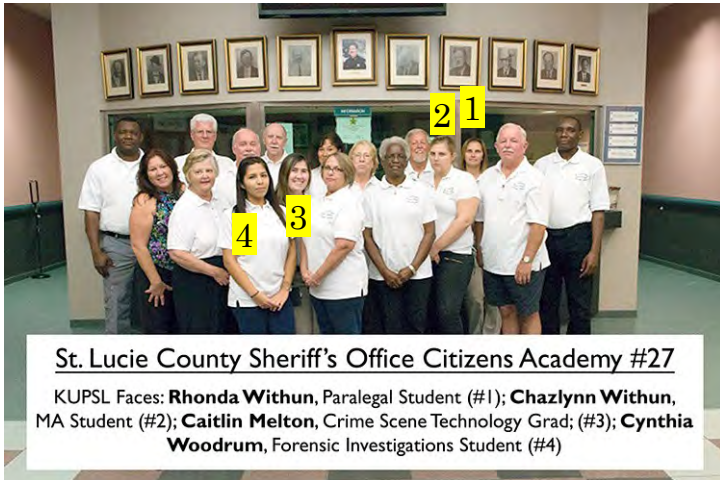
Success: Volunteer Fair

Leslie Haviland, M.B.A., M.Ed.,
Associate Director of Student Services

The KUPSL campus hosted a volunteer fair with three sessions of non-profit organizations looking for volunteers and employees. 16 organizations including the Public Defender's Office, St. Lucie Chamber of Commerce, Safe Space, and the United Way of St. Lucie County attended the event. All students taking classes on campus visited the auditorium and gathered information on the agencies for internships and volunteer opportunities. The event was held to help students find agency connections to achieve the 8+ volunteer hours needed to complete the university's graduate distinction program.

Citizens Academy #27

Rhonda Withun, Paralegal Studies Student



St. Lucie County Sheriff's Office Citizens Academy #27

KUPSL Faces: **Rhonda Withun**, Paralegal Student (#1); **Chazlynn Withun**, MA Student (#2); **Caitlin Melton**, Crime Scene Technology Grad; (#3); **Cynthia Woodrum**, Forensic Investigations Student (#4)

I attended the St. Lucie County Sheriff's Citizens Academy #27 with **Chazlynn Withun** (my daughter and Medical Assisting student). The academy is a 12-week course which consists of one day a week and 2 Saturdays. In this class, we have learned so much about the different departments in the Sheriffs office and how they operate. Along with classroom learning, we also got to go on tours through some of the facilities in St. Lucie County, such as the jail, courthouse, and crime lab. On one of the Saturdays, the best part was stealing a police car legally! That was an awesome experience and was very exciting!



Then, we watched bomb demonstrations; a traffic stop with gunfire and a hostage situation all in one; got to see inside the bomb disposal truck/tank; and saw 3 different K-9 demonstrations.

On the second Saturday, we went to the training field including their gun range where the officers do trainings. All training members had a chance to shoot a Glock 9, which is what officers carry. We also toured the EOC (emergency operations center) or as we all know it 911. We received a shirt with "St. Lucie County Sheriff Office Citizens Academy" on it, and a graduation plaque, with a photo of Sheriff Mascara giving it to us.



St. Lucie County Sheriff's Department offers this class twice a year. To be a part of the next Citizen's Academy go to http://www.stluciesheriff.com/pdf/Citizens_Academy_Application.pdf, print out the application and drop it off at the Sheriff's Office located on Midway Rd. This is a great opportunity for anyone to gain knowledge about law enforcement as well as about their community.

St. Lucie County Sheriff's Office Citizens Academy Application				Print Form
First Name	Middle Name	Last Name	Florida	Florida State
Driver's License #	Florida	Gender	Shirt Size	
Address		City	State	Zip Code
Email Address		Home Phone Number	Work Phone Number	Mobile Phone Number
Occupation	Employer	Retired		
Employer Address	Employer City	State	Zip Code	
Emergency Contact Name	Relation	Phone Number		
Why do you wish to attend the Citizen's Academy?				
How did you hear about the Citizen's Academy?				
Have you ever been arrested and/or convicted of a crime? <input type="checkbox"/> Yes <input type="checkbox"/> No				
If you checked yes, please explain:				
Please give us the name, address and phone number of two character references:				
Name:	Name:			
Address:	Address:			
City:	State:	Zip:	City:	State:
Phone #:	Phone #:			
By signing below, I acknowledge the information is true and correct to my knowledge and belief. A student of this information is required in order for the St. Lucie County Sheriff's Office to conduct a background inquiry.				
Signature:	Printed Name:		St. Lucie County Sheriff's Office 400 W. Broadway St. Fort Pierce, FL 34981	
Date:	Training Coordinator:		St. Lucie County Sheriff's Office 400 W. Broadway St. Fort Pierce, FL 34981	

Old Rx Bottles?

If you have old, empty prescription bottles lying around the house, please consider donating them through Student Services.



What to do:

- Make sure the prescription bottles are **EMPTY**. They can be pill bottles or syrup bottles.
- Use a black marker, such as a Sharpie, and **NEATLY** cross out **YOUR NAME**. *Leave the medicine name, dosage, instructions, and warnings intact.*
 - ⊙ Optional: **NEATLY** cross out your Rx Number and/or doctor's name.
- It's okay if you have several of one type of prescription: it allows for more students to practice with your type of "medication."
- **Bring your old EMPTY prescription bottles to Student Services and they will give them to the Medical Assisting Department for students to use to practice medicine doses.**

The MA Department will refill bottles with faux medication for student practice.



WELCOME NEW SGA MEMBERS!

The Student Government Association (SGA) at KUPSL would like to welcome the following students who joined the SGA on March 14th:

☞ **Amanda Vickstrom**

☞ **Kenan Vickstrom**

The SGA sponsored by the Student Services Department is an organization open to all students of Keiser University. To join SGA, simply attend a meeting. We don't have officers voted in like a traditional SGA; instead, it's formatted like a "round table committee." The SGA addresses volunteer opportunities, campus events, supporting the monthly charity, campus issues and community issues, and much more.

- ★ Membership is **FREE**.
- ★ Volunteer Opportunities available.
- ★ Online Students & Alumni are always welcome to attend meetings and be part of SGA.

Stuart Half and Full Marathon



Carole Riffard, Massage Therapy Program Coordinator

The Massage Therapy students from Keiser University Port Saint Lucie Campus gave complementary massages to the runners at the *Stuart Half and Full Marathon* on March 6. There were music, food, and drinks and a good time was had by all. We even had our own Dean Glen Carwell competing in the event; he completed with a personal record.

What Do The Best Leaders Do?

Jim Van Allan, Speech Instructor, Social Media Communications & General Studies Program Coordinator, Teaching and Learning Center Coordinator

Recently, I had the opportunity to attend the World Leader's Conference being held in Palm Beach, Florida. It featured innovative speakers like John Maxwell, Tony Robbins, Ken Blanchard, and Joyce Meyer. After taking nearly 5 pages of notes front and back, I figured: why let the information just stay in my notebook and mind; it is time to share. This article will feature some highlights and themes the speakers touched on while leaving room for more information in a future column.

Liz Wiseman, former executive of Oracle Corporation and current president of the Wiseman Group, opened up the day talking about having a rookie mentality every day on the job no matter which role you are in. She explained how we are at our best when we don't know every answer, and we learn to see the genius in other people. Rookies are constantly learning, searching for answers, talking to people, and inviting fresh thinking into their world. She urges all leaders to shift from a knowing mentality to an inquiry mentality and ask a lot of questions.

She then asked a question to the audience that made everyone in the room chuckle and take notes. She asked, "Who wants a job you are qualified for?" Point being is that if you are highly qualified for a position then you have little to learn. At age 24 for Oracle, Wiseman was put in charge of implementing Oracle University, and she used that to springboard into her conversation about why anyone would want a job they are qualified for. She was not qualified for that position at all, yet she persevered, asked a lot of questions, took a rookie mentality, and built the university into a global brand.

In addition to having a rookie mentality each day, many of the speakers encouraged the participants to lead with a servant's heart. It was truly the theme of the conference and really made everyone think introspectively about their lives. Were they really thinking of others? Did they have hidden agendas? Were they willing to be adaptable and take on any job in the company? Did they bring genuine love, care, and energy into the workplace each day? Servant leadership is about working for others and not thinking they work for you. We are here each and every day for our students, working hard to serve their needs and provide a world-class experience between departments. Our students pick Keiser University because our culture and mentality toward them is different than anywhere else.

We owe it to our students and to our employees to engage with them in a servant's mentality and make sure our actions are genuine and with purpose. When we put others above our own agenda, growth and morale become two positive beacons of a workplace.

BE OUR GUEST!

Show your support of fellow classmates who graduated from **June 2015 to May 2016** by attending their Graduation Ceremony as a guest of Student Services!

If you think you qualify to walk as a graduate, but haven't received a letter in the mail or a notice in your email's inbox, please visit the Student Services Director, Mr. John Hooker. If you DO qualify, you'll need to arrive much earlier than indicated below to prepare and practice. Deadline to order cap/gown from Jostens is Thursday, May 5, 2016.

Graduation Ceremony

Where: Port Saint Lucie Civic Center
When: **Friday, June 10, 2016**
Guests Arrive: no earlier than 6:15pm
Venue opens at 6:00pm -- find a seat!
Ceremony begins at 7:00pm

Pinnings: April 2016

The Radiologic Technology department would like to give a "shout out" to four students getting pinned! Congratulations to all:

Duane Henry
Patricia Bell
Rachel Lee
Tesa Boykin



the calendar

April 2016

Keiser University - Port Saint Lucie

Did you know?
The campus and library are open on Saturdays from 9am to 1pm (closed Sundays).

If you need additional info on an event:
 • See flyers in the classroom / displays in the lobby or
 • Email Samantha (Shager@KeiserUniversity.edu) or
 • Visit Student Services

SGA = Student Government Association ■ FA = Financial Aid ■ SSD = Student Services Department

a = a.m. / p = p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ASK FA</p> <p>Relaxed environment. No appointment necessary. FA officers available to answer any of your financial Aid concerns or questions.</p> <p>Every Tuesday & Thursday 1pm-2pm in Room 140</p>						
	<p>4</p> <p>SGA: Student Lounge @ 1:15p</p>	<p>5</p> <p>Bursar: Monthly Payment Due</p>	<p>Leadership Day</p> <p>2:00p-3:00p</p>	<p>7</p> <p>World Health Day</p> <p>Leadership Day</p> <p>12:00-1:00pm & 6:00p-7:30p</p>	<p>1</p> <p>Happy April Fool's Day</p>	
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p> <p>Bursar: Late Charges for Monthly Payment Apply</p>	<p>16</p>
<p>17</p>	<p>18</p> <p>Coffee & Donuts 7:30a-9:00a Lobby</p> <p>Snacks 5:00p-6:00p Lobby</p>	<p>19</p> <p>Popcorn 10:00a-11:00a Lobby</p> <p>All MAY Exclusive & Calendar input due @ 12pm sharp or earlier.</p>	<p>20</p> <p>Popcorn 10:00a-11:00a Lobby</p> <p>FA Night High School Students Room 140 6:00pm</p>	<p>21</p> <p>SPRIT DAY CASH</p> <p>Popicles on the Patio 5:00p-6:00p Lobby</p>	<p>22</p> <p>Earth Day</p> <p>SPRIT DAY CASH</p>	<p>23</p> <p>Spirit Day Reminders: CASH ONLY •NO \$20s or higher •See official Spirit Day posters for expectations</p>
<p>24</p>	<p>25</p>	<p>26</p> <p>Arts Auction & Goodwill Treasure Coast Mall 5:00-8:00pm</p>	<p>27</p>	<p>28</p>	<p>29</p> <p>3 May Sneak Peaks:</p> <ul style="list-style-type: none"> • Wed. May 11: ALL CLASSES START AT 9:30am • Charity: The Butterfly Project • May 30: KU Closed/Memorial Day 	<p>30</p>

Spring Break

April's Charity: Life Builders of the Treasure Coast
 Read about this charity in the APRIL Exclusive.
 Assist the charity by participating in one or both Spirit Days this month &/or visit SSD this month with any cash donation to give to this charity.

Plan future "no-class days": Go to the Student Portal & click on Academic Calendar. Calendar Accurate as of: 3/24/16

Spring Break April 25-29